



Signature Training: Coaching Skills for Passion, Purpose and Productivity

When employees are asked to perform, to do more with less, and to make sure they keep up with the latest information and innovations in the field, employees (and the organization as a whole) have no choice but to adapt- often times on a daily basis. Constant pressure and change often results in employees who are perpetually stressed and burnt out. Instead of trying to manage and lead teams through the inevitable “worker burnout”, wouldn’t it be great to have a team of employees who knew how to self motivate and show up authentically and consistently in both relaxed and challenging times? What would it be like if everyone on your team performed their tasks with joy and ease, were proactive in their approach and up-leveled their communication and productivity skills? What would it be like if, as a leader, you could help create rapid shifts in awareness and perspective that would allow you and your team to experience greater productivity? If you are looking for the answer to these questions, then coaching is the solution for you.

Coaching is one of the most powerful tools and skill sets available to organizations and the leaders who run them. When used effectively, coaching skills will do two things: (1) allow the leader to bring forth the best that their employees have to offer and (2) empower each employee to make swifter and better decisions so that they become more passionate, purposeful and productive about what they are contributing to the organization on a daily basis.

This interactive class will provide a basic understanding of coaching and will introduce participants to core-coaching skills that can be used to elevate any interaction and conversation with colleagues, customers and clients. Participants will have the opportunity to both practice and experience the coaching skills during class. By the end of class, participants will walk away with a greater awareness of self and new tools that will help them effectively use coaching skills to support and enhance their respective role in their organization and their communities.

Class Details

Class Objective: By the end of this workshop, participants will develop a set of coaching skills and abilities that can be used to enhance their productivity and effectiveness of their nonprofit community development work.

Class Module Highlights:

- Coaching Foundation & Mindset
- Key Coaching Skills
- Elements of Self Awareness (Powerful InnerInquiry Technique ©)
- Practice of Self Leadership
- Applying coaching skills to our customers & clients for results

Key Take Away #1

- WHAT: Understand the coaching mindset and explain how coaching can be used as an additional skill set to empower individuals to self-motivate, enhance communications and improve productivity.
- HOW: By the end of this class, participants will be able to identify at least 5 coaching skills and the basic tenets of the “coaching mindset”.

Key Take Away #2

- WHAT: Apply basic coaching skills to real-life situations through demonstrations and practice sessions.
- HOW: By the end of this class, participants will be able to correctly use at least three of the learned coaching skills during the practice coaching session.

Administrative Details

What you will get:

- Half, Full or Two Day training session
- One consultation with Evelyn Bandoh to determine specific organization needs
- Light customization of materials based on needs assessment
- Course materials for up to 24 participants (in each session)

Add On:

- Energy Leadership Index Assessments for each member of your team
- Individual and group ELI debriefs
- Private one-on-one or group coaching

This workshop is facilitated by Evelyn Bandoh, Coach, ELI-MP. To schedule a free needs assessment and to book your training, please email evelyn@mysticgenius.com or call 202.709.3233

About Evelyn Bandoh Evelyn Bandoh, Coach, ELI-MP, is the founder of Mystic Genius, and is an SBA award winning writer, speaker, trainer and coach. As a coach, she motivates, empowers and transforms hundreds of women, particularly women of the African Diaspora to live and lead purposeful lives while being of service to their communities. Evelyn has a gift for connecting with and engaging her audience and is a highly sought out for her prowess in developing and facilitating transformative empowerment events for women leaders, entrepreneurs and community development organizations.

Evelyn is an experienced community economic development professional. Over the course of a thirteen-year career, Evelyn has drafted policy and legislation, managed numerous multi million dollar financial and infrastructure related projects, written million dollar project proposals, and launched entrepreneurial training and coaching programs that were funded by the Community Development Block Grant. Most recently, Evelyn served as a senior training manager for NeighborWorks America where she managed curriculum development, oversaw the training of 500+ community development practitioners and managed a federally funded leadership development program for Native American nonprofit executive directors.

Evelyn holds a multitude of degrees and certificates, is a trained coach and certified Energy Leadership Index- Master Practitioner through IPEC. Evelyn is currently growing Mystic Genius, an omni-empowerment development and publishing company that empowers women leaders and entrepreneurs to fully step into their power so that they can transform themselves and then transform the world. Read more:

<http://mysticgenius.com>